

Healthy Oatmeal

Ingredients

- 1/4 cup almonds
- 1 packet plain oatmeal
- 1-2 tsp oil of your choice (we suggest canna-oil)
- 2 grams finely ground marijuana (or amount of your choice)

Instructions

- 1.Preheat your oven to 320 degrees
- 2.Take your almonds and put them in your food processor. Let them grind for a while (it will take a while.) It's going to look piecey and powdery but will turn into a paste/butter.
- 3.Mix your powdered marijuana with your almond butter. Stir it together with a fork, making sure the marijuana is completely incorporated into the butter.
- 4.Put your oatmeal in your food processor. Process that into a fine powder.
- 5.Mix nut butter/marijuana, oat flour, and oil all together.
- 6.Put your mix on a sheet of tinfoil and wrap it up. This should shape it, as well as minimize any odor.
- 7.Bake for 25 minutes. Enjoy!