

## How long can cannabis use be detected in my system?

How long cannabis can be detected in a person's system depends on a number of factors including the kind of test given, the individual's genetic makeup and metabolism, digestive and excretory systems, and other factors. The basic drug test types and their approximate detection times are shown in the below table:

	Urine	Blood	Hair	Saliva
Marijuana – Single Use	1-7+ days (some research says longer)	12-24 hrs	Doubtful	Not validated(0 - 24 hours?)
Marijuana – Regular Use	7-100 days	2-7 days	Months	

Urine tests are currently the most popular among employers. They detect marijuana for days or weeks after use. Blood tests, used far less frequently by employers, are a better detector of recent use and can measure the active presence of THC in the system. Hair tests measure residues that remain in the hair for months after use. These residues are absorbed internally and do not appear in the hair until 7-10 days after first use. Hair tests are more likely to detect regular than occasional cannabis use. Saliva testing is a newer, less proven technology. The sensitivity of saliva tests is not well established in the case of cannabis. An international study of various onsite saliva tests concluded that no device was reliable enough to be recommended for roadside screening of drivers (See [Rosita-2: Executive Summary, 2003-2006](#); available at <http://www.rosita.org/execsumm.htm>)

Additional information:

<http://mrsc.org/Home/Explore-Topics/Legal/Regulation/Recreational-Marijuana-A-Guide-for-Local-Governmen/Marijuana-in-the-Workplace.aspx>