

Home made Cannabis Lotion/Salve

You will need 1/2 oz of decarboxylated cannabis for a 1/2 cup of ointment.

You will need a base, which can be Shea Butter, Coconut Oil or beeswax.

Shea Butter or Coconut Oil is best if the ointment is for your skin and since beeswax is harder, it's ideal for lip balm.

Then the extras. You can combine coconut oil with beeswax or Shea butter to soften your ointment and increase penetration. Almond or grapeseed oil can be added to make your ointment less greasy. Another popular option is to add aloe vera gel to reduce the level of greasiness and add antibacterial properties.

Cannabalm Instructions

The simple technique for making cannabis salve and lotions is broadly similar to that for making cannabutter.

Get everything you need (cannabis, base, any extras, double boiler or pot, strainer or cheesecloth, storage container, and some sort of stirring device).

Put your double boiler or pot on medium-low and add your base.

Make sure it doesn't get hot enough to boil, and stays under 240 degrees.

Add your decarboxylated cannabis. Simmer, stirring occasionally, for at least 30 minutes.

If you're adding any extras, add them now.

Strain into your storage container and let cool.

Store in a cool dark place for up to 2 months and Enjoy!